
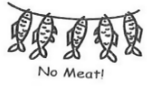
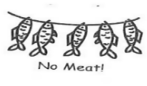
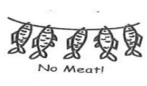
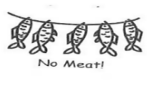
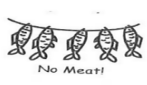




St. Joseph & St. Francis Lent/ Easter Triduum Calendar for 2019

SJ = St. Joseph / SF = St. Francis

| SUNDAY | MON | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|---|--|---|
| | | | March 6 Ash Wednesday SJ: Confession 7 am Mass w/ashes 7:30am No Rel. Ed. SJ: 5:30 pm Service w/ ashes SF: 7:00 pm Mass w/ ashes <u>Fast / Abstinence</u> Only 1 full meal & <div style="text-align: center; margin-top: 10px;">  </div> | 7 SJ: Confession 7am Mass 7:30 am SF: Confession 6pm Stat./Cross 7pm | 8 SJ: Confession 7 -7:55 am Adoration 8 am – 3 pm Confession 3:30pm Stat./Cross 4:00pm Mass 4:30 pm <u>Abstinence</u> <div style="text-align: center; margin-top: 10px;">  </div> | 9 SJ: RISE Men’s Group 8am-8:30am Confession 4:30pm Mass 5:30 pm |
| 10 1st Sunday of Lent SJ: Mass 7:30 am SF: Mass 9:15 am SJ: Mass 11:00 am | 11 No Mass | 12 No Mass Office Closed SJ: Book Club 6:30pm-8:00pm | 13 No Mass No Rel. Ed. <i>Chisago Spring Break</i> | 14 No Mass | 15 SJ: Adoration 8 am - 3 pm Stat./Cross 4:00pm No Mass <u>Abstinence</u> <div style="text-align: center; margin-top: 10px;">  </div> | 16 SJ: Confession 4:30pm Mass 5:30 pm Potluck after Mass |
| 17 2nd Sunday of Lent SJ: Mass 7:30 am Potluck after Mass SF: Mass 9:15 am SJ: Mass 11:00 am Potluck after Mass | 18 SJ: Confession 7 am Mass 7:30 am | 19 SJ: Confession 7 am Mass 7:30 am Book Club 6:30pm-8:00pm | 20 SJ: Confession 7 am Mass 7:30 am No Rel. Ed. <i>SCF Spring Break</i> | 21 SJ: Confession 7am Mass 7:30 am | 22 SJ: Confession 7 -7:55 am Adoration 8 – 3 pm Confession 3:30pm Stat./Cross 4:00pm Mass 4:30pm <u>Abstinence</u> <div style="text-align: center; margin-top: 10px;">  </div> | 23 SJ: RISE Men’s Group 8am-8:30am Confession 4:30pm Mass 5:30pm |
| 24 3rd Sunday of Lent SJ: Mass 7:30 am SF: Mass 9:15 am SJ: Mass 11:00 am | 25 SJ: Confession 7 am Mass 7:30 am | 26 SJ: Confession 7 am Mass 7:30 am Book Club 6:30pm-8:00pm | 27 SJ: Confession 7 am Mass 7:30 am Rel. Ed. 6 -7:15 pm | 28 SJ: Confession 7am Mass 7:30 am | 29 SJ: Confession 7 -7:55 am Adoration 8 am – 3 pm Confession 3:30pm Stat./Cross 4:00pm Mass 4:30pm <u>Abstinence</u> <div style="text-align: center; margin-top: 10px;">  </div> | 30 SJ: RISE Men’s Group 8am-8:30am Confession 4:30pm Mass 5:30pm |
| 31 4th Sunday of Lent SJ: Mass 7:30 am SF: Mass 9:15 am SJ: Mass 11:00 am | 1 April SJ: Confession 7 am Mass 7:30 am | 2 SJ: Confession 7 am Mass 7:30 am Book Club 6:30pm-8:00pm | 3 SJ: Confession 7 am Mass 7:30 am Rel. Ed. 6 -7:15 pm | 4 SJ: Confession 7am Mass 7:30 am SF: Confession 6pm Stat./Cross 7pm | 5 SJ: Confession 7 -7:55 am Adoration 8am-3 pm Confession 3:30pm Stat./Cross 4:00pm Mass 4:30pm <u>Abstinence</u> <div style="text-align: center; margin-top: 10px;">  </div> | 6 SJ: RISE Men’s Group 8am-8:30am Confession 4:30pm Mass 5:30 pm |

St. Joseph & St. Francis Lent/Easter Triduum Calendar for 2019

SJ = St. Joseph / SF = St. Francis

| SUNDAY | MON | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|--|---|--|
| 7 5th Sunday of Lent SJ: Mass 7:30 am SF: Mass 9:15 am SJ: Mass 11:00 am | 8 SJ: Confession 7 am Mass 7:30 am | 9 SJ: Confession 7 am Mass 7:30 am SJ: Book Club 6:30pm-8:00pm | 10 SJ: Confession 7am Mass 7:30am Rel. Ed. 6 - 7:15 pm | 11 SJ: Confession 7am Mass 7:30am | 12 SJ: Confession 7 -7:55 am Adoration 8 am – 3 pm Confession 3:30pm Stat./Cross 4:00pm Mass 4:30pm Abstinence  | 13 SJ: Confession 4:30pm Mass 5:30pm |
| 14 Palm Sunday SJ: Mass 7:30 am SF: Mass 9:15 am SJ: Mass 11:00 am | 15 SJ: Confession 7 am Mass 7:30 am SF: Confession 3:00pm-5:00pm | 16 SJ: Confession 7 am Mass 7:30 am Confessions 3:00pm-6:00pm Book Club 6:30pm-8:00pm | 17 SJ: Confession 7am Mass 7:30 am Confessions 11:00am-1:00pm Rel. Ed. 6 -7:15 pm | 18 Holy Thursday SJ: Confession 3:00pm-6:00 pm Mass 7:00 pm Night Prayer 9pm | 19 Good Friday SF: Confession 9am Stat./Cross 12pm SJ: Service 3:00 pm Fast / Abstinence Only 1 full meal &  | 20 Holy Saturday SJ: Confession 9am-12pm SJ: Easter Vigil Mass 8:35pm |
| 21 Easter Sunday SJ: Mass 7:30 am SF: Mass 9:15 am SJ: Mass 11:00 am | 22 No Mass Office Closed | | | | | |

Penitential Disciplines of Lent

The Christian faithful, during Lent, are clearly conscious of the need to turn the mind towards those realities which really count, which require Gospel commitment and integrity of life which, through self denial of those things which are superfluous, are translated into good works and solidarity with the poor and needy (Directory on Popular Piety and the Liturgy, #125).

In addition to choosing their own penitential practices, Catholics are also asked to observe the practices of fast and abstinence during the 40 days of Lent. The Lenten Fast and Abstinence Regulations are as follows:

1. Everyone 14 years of age or over is bound to abstain from meat on Ash Wednesday and all the Fridays of Lent.
2. Everyone over 18 years of age and under 60 years of age is bound to fast on Ash Wednesday and Good Friday. The rule for fasting is that only one full meatless meal is allowed. Two other smaller meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted on these days, but liquids, including milk and fruit juices, are allowed. When health (such as illness, pregnancy, or nursing a child) or the ability to do one's work would be seriously affected, a person is dispensed from fasting.
3. Catholics should not lightly excuse themselves from these prescribed minimal penitential practices.