


St. Joseph & St. Francis Lent/Easter Calendar for 2018

SJ = St. Joseph / SF = St. Francis

SUNDAY	MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Feb. 14 Ash Wednesday SJ: Confession 7 am Mass w/ ashes 7:30 am No Rel. Ed. SJ: 5:30 pm Word Service w/ ashes SF: 7:00 pm Mass w/ashes <u>Fast / Abstinence</u> Only 1 full meal & 	15 SJ: Confession 7 am Mass 7:30 am SF: Confession 6:15 pm Stat./Cross 7 pm	16 SJ: Confession 7 -7:55 am Adoration 8 am - 4 pm Confession 3:30 pm Stat./Cross 4:00 pm Mass 4:30 pm <u>Abstinence</u> 	17 SJ: Confession 4:30 pm Mass 5:30 pm
18 1st Sunday of Lent SJ: Mass 7:30 am SF: Mass 9:15 am Rel. Ed. after Mass SJ: Mass 11:00 am	19	20 SJ: Confession 7 am Mass 7:30 am	21 SJ: Confession 7 am Mass 7:30 am Rel. Ed. 6:00 -7:15 pm	22 SJ: Confession 7 am Mass 7:30 am SF: Confession 6:15 pm Stat./Cross 7 pm	23 SJ: Confession 7 -7:55 am Adoration 8 am - 4 pm Confession 3:30 pm Stat./Cross 4:00 pm Mass 4:30 pm <u>Abstinence</u> 	24 SJ: Confession 4:30 pm Mass 5:30 pm
25 2nd Sunday of Lent SJ: Mass 7:30 am SF: Mass 9:15 am Rel. Ed. after Mass SJ: Mass 11:00 am	26	27 SJ: Confession 7 am Mass 7:30 am	28 SJ: Confession 7 am Mass 7:30 am Rel. Ed. 6:00-7:15 pm	March 1 SJ: Confession 7 am Mass 7:30 am SF: Confession 6:15 pm Stat./Cross 7 pm	2 SJ: Confession 7 -7:55 am Adoration 8 am - 4 pm Confession 3:30 pm Stat./Cross 4:00 pm Mass 4:30 pm <u>Abstinence</u> 	3 SJ: Confession 4:30 pm Mass 5:30 pm
4 3rd Sunday of Lent SJ: Mass 7:30 am SF: Mass 9:15 am Rel. Ed. after Mass SJ: Mass 11:00 am	5	6 SJ: Confession 7 am Mass 7:30 am	7 SJ: Confession 7 am Mass 7:30 am Rel. Ed. 6 -7:15 pm	8 SJ: Confession 7 am Mass 7:30 am SF: Confession 6:15 pm Stat./Cross 7 pm	9 SJ: Confession 7 -7:55 am Adoration 8 am - 4 pm Confession 3:30 pm Stat./Cross 4:00 pm Mass 4:30 pm <u>Abstinence</u> 	10 SJ: Confession 4:30 pm Mass 5:30 pm
11 4th Sunday of Lent SJ: Mass 7:30 am SF: Mass 9:15 am Rel. Ed. after Mass SJ: Mass 11:00 am	12	13 No Mass	14 No Mass Office Closed NO Rel. Ed. <i>Chisago Spring Break</i>	15 No Mass	16 SJ: Adoration 8 am - 4 pm Stat./Cross 4:00 pm No Mass <u>Abstinence</u> 	17 SJ: Confession 4:30 pm Mass 5:30 pm

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SJ = St. Joseph / SF = St. Francis

SUNDAY	MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18 5th Sunday of Lent SJ: Mass 7:30 am SF: Mass 9:15 am NO Rel. Ed. <i>Chisago Spring Break</i> SJ: Mass 11:00 am	19	20 SJ: Confession 7 am Mass 7:30 am	21 SJ: Confession 7 am Mass 7:30 am Rel. Ed. 6 - 7:15 pm	22 SJ: Confession 7 am Mass 7:30 am	23 SJ: Confession 7 -7:55 am Adoration 8 am - 4 pm Confession 3:30 pm Stat./Cross 4:00 pm Mass 4:30 pm <u>Abstinence</u> 	24 SJ: Confession 4:30 pm Mass 5:30 pm
25 Palm Sunday SJ: Mass 7:30 am SF: Mass 9:15 am Rel. Ed. after Mass SJ: Mass 11:00 am	26	27 SJ: Confession 7 am Mass 7:30 am SJ: Confession 9-11am	28 SJ: Confession 7 am Mass 7:30 am No Rel. Ed. <i>SCF Spring Break</i> SJ: Confessions 3:00-6:00 pm	29 Holy Thursday SJ: Confession 3:00-6:00 pm SF: Mass 7 pm Adoration 8:30 -9 pm 9 pm Night Prayer	30 Good Friday SJ: No Adoration. Confession 9-11am Service 3 pm SF: Service 7 pm <u>Fast / Abstinence</u> Only 1 full meal & 	31 Holy Saturday SJ: Confession 3:00-6:00 pm SJ: Easter Vigil Mass 8:30 pm
April 1 Easter Sunday SJ: Mass 7:30 am SF: Mass 9:15 am No Rel. Ed. SJ: Mass 11:00 am	2 Office Closed					

Penitential Disciplines of Lent

The Christian faithful, during Lent, are clearly conscious of the need to turn the mind towards those realities which really count, which require Gospel commitment and integrity of life which, through self denial of those things which are superfluous, are translated into good works and solidarity with the poor and needy (Directory on Popular Piety and the Liturgy, #125).

In addition to choosing their own penitential practices, Catholics are also asked to observe the practices of fast and abstinence during the 40 days of Lent. The Lenten Fast and Abstinence Regulations are as follows:

1. Everyone 14 years of age or over is bound to abstain from meat on Ash Wednesday and all the Fridays of Lent.
2. Everyone over 18 years of age and under 60 years of age is bound to fast on Ash Wednesday and Good Friday. The rule for fasting is that only one full meatless meal is allowed. Two other smaller meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted on these days, but liquids, including milk and fruit juices, are allowed. When health (such as illness, pregnancy, or nursing a child) or the ability to do one's work would be seriously affected, a person is dispensed from fasting.
3. Catholics should not lightly excuse themselves from these prescribed minimal penitential practices.